



School Information:
Santiam Canyon SD 129J is an equal opportunity provider.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

Pancake Sausage on A Stick **1**

Chocolate Chip Muffin Cheese Stick **2**

Cereal Cheese Stick **3**

Buttermilk Bar Cheese Stick **4**

No School 5

Benefit Bar String Cheese **8**

WG Cinni Minnis **9**

Cereal String Cheese **10**

Muffin String Cheese **11**

No School 12

Mini Pancakes **15**

Sausage Patty Belly Bear Crackers **16**

Cereal String Cheese **17**

Yogurt Benefit Bar **18**

No School 19

Chocolate Chip Muffin String Cheese **22**

Pancake Sausage on a Stick **23**

Cereal String Cheese **24**

Benefit Bar String Cheese **25**

No School 26

Holiday NO SCHOOL 29

WG Cinni Minni's **30**

Cereal String Cheese **31**

