



**Santiam Canyon SD 129J**

**Is an equal opportunity provider**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Cinni Minnis,  
Cold Cereal, Milk, Fruit

5

Pancake on a stick  
Cold Cereal, Milk, Fruit

6

NO SCHOOL

7

Buttermilk Bar  
Cold Cereal, Milk, Fruit

1

No School

2

Cinnamon Bun  
Cold Cereal, Milk, Fruit

12

Pancake on a Stick  
Cold Cereal, Milk, Fruit

13

Egg & Cheese Brkfst Sand  
Cold Cereal, Milk, Fruit

14

Waffles  
Cold Cereal, Milk, Fruit

8

Buttermilk Bars  
Cold Cereal, Milk, Fruit

9

Cinni Minnis  
Cold Cereal, Milk, Fruit

19

Pancake on a Stick  
Cold Cereal, Milk, Fruit

20

Buttermilk Bars  
Cold Cereal, Milk, Fruit

21

Cinnamon Bun  
Cold Cereal, Milk, Fruit

22

No School

23

NO School  
Spring Break Week

26



27



28



29



30