



Monday	Tuesday	Wednesday	Thursday	Friday
3 INDIVIDUAL CHEESE PIZZA ~~~~~ WHOLE GRAIN CORN DOG ~~~~~ BROCCOLI WITH CHEESE	4 TURKEY GRAVY OVER MASHED POTATOES ~~~~~ BBQ CHICKEN ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEANS	5 WHOLE GRAIN PIZZA ~~~~~ BACON CHEESEBURGER ~~~~~ CAESAR SALAD	6 SWEET & SOUR CHICKEN OVER RICE ~~~~~ CHICKEN FRIED STEAK/BACON/CHEESE AND COUNTRY GRAVY SANDWICH ~~~~~ FRUIT SALAD	Weekly Specials: MONDAY: <i>CHEESEBURGER ON A WHOLE GRAIN BUN</i> TUESDAY: <i>Potato with Cheese/diced ham/ Whole Grain Roll</i> WEDNESDAY: <i>CHICKEN SANDWICH</i> THURSDAY: <i>Potato with Cheese/diced ham/ Whole Grain Roll</i> FRIDAY: <i>HOT DOG ON A WG BUN</i>
10 TOASTED CHEESE SANDWICH ~~~~~ CHEF SHAKER SALAD & SUNCHIPS ~~~~~ TOMATO SOUP	11 HOMEMADE CHILI ~~~~~ CHICKEN NUGGETS ~~~~~ FRESH MADE WG CINNAMON ROLL	12 WHOLE GRAIN PIZZA ~~~~~ BLT & CHEESE WRAP & SUNCHIPS ~~~~~ CAESAR SALAD	13 SLOPPY JOE ~~~~~ CHICKEN FAJITA SHAKER SALAD & WHOLE GRAIN CHEESE TORTILLA CHIPS ~~~~~ CORN	
17 HAWAIIAN PIZZA ~~~~~ ALL BEEF HOT DOG ON A WHOLE GRAIN BUN ~~~~~ ROASTED VEGETABLES	18 CHICKEN FRIED STEAK/POTATOES & COUNTRY GRAVY ~~~~~ HONEY BBQ CHICKEN ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEANS	19 WHOLE GRAIN PIZZA ~~~~~ BACON CHEESEBURGER ~~~~~ CAESAR SALAD	20 TERIYAKI CHICKEN OVER RICE ~~~~~ SOFT TACO ~~~~~ LAYER DIP SALAD	
24 TOASTED CHEESE SANDWICH ~~~~~ CHICKEN FRIED STEAK SANDWICH ~~~~~ TOMATO SOUP	25 TURKEY GRAVY OVER MASHED POTATOES ~~~~~ CHICKEN STRIPS ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEANS	26 WHOLE GRAIN PIZZA ~~~~~ CHICKEN FAJITA WITH PEPPERS ~~~~~ CAESAR SALAD	27 BBQ RIB HOAGIE ~~~~~ CHICKEN & CHEESE ENCHILADAS ~~~~~ BLUEBERRY WHIP	
28 INDIVIDUAL CHEESE PIZZA ~~~~~ SWEET & SOUR CHICKEN OVER RICE ~~~~~ STEAMED BROCCOLI WITH CHEESE				

DAILY CHOICES:

SANDWICH

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 YOGURT/ WG BAGEL/ SUNFLOWER SEEDS

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 VARIETY OF FRUITS AND VEGETABLES

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 VARIETY OF MILK

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

