

FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
AVAILABLE DAILY: SANDWICH YOGURT/SUNFLOWER SEEDS/BAGEL CREM CHEESE FRUIT & VEGGIE BAR VARIETY OF MILK			1 SPAGHETTI WITH GROUND BEEF MARINARA AND PARMESAN CHEESE ~~~ WG CORN DOG ~~~~ FRESH MADE WG DINNER ROLL ~~~~ OVEN ROASTED VEGETABLES	Weekly Specials: <i>JR/SR. HIGH</i> MONDAY: <i>CHEESEBURGER ON A WHOLE GRAIN BUN</i> TUESDAY: <i>SHREDDED BBQ CHICKEN ON A BUN</i> WEDNESDAY: <i>CHICKEN SANDWICH</i> THURSDAY: <i>HOAGIE SANDWICH</i>
5 TERIYAKI CHICKEN OVER WHOLE GRAIN RICE ~~~~ WG CHICKEN STRIPS AND MINI BUN ~~~~ BROCCOLI WITH CHEESE	6 BREAKFAST FOR LUNCH HAM, EGG AND CHEESE MACMUFFIN ~~~~ FRENCH TOAST STICKS or PANCAKES & SAUSAGE ~~~~ BERRIES WITH WHIPPED TOPPING	7 WHOLE GRAIN PIZZA ~~~~ BBQ SHREDDED PORK SANDWICH ~~~~ CAESAR SALAD	8 TURKEY GRAVY/MASHED POTATOES/GRAVY ~~~~ ROASTED HONEY BBQ CHICKEN ~~~~ FRESH MADE WG DINNER ROLL ~~~~ GREEN BEAN	
12 WG TOASTED CHEESE SANDWICH ~~~~ WG CHICKEN STRIPS AND MINI BUN ~~~~ TOMATO SOUP	13 BREADED CHICKEN & CHEESE STUFFED BREADSTICK ~~~~ HOUSEMADE SUPER NACHOS WITH GROUND BEEF ~~~~ CORN	14 WE ♥ OUR STUDENT'S SWEETHEART PIZZA ~~~~ HOMEMADE WITH TLC SLOPPY JOE ~~~~ CUPID'S CAESAR SALAD ~~~~ VERRY BERRY CRISP HAPPY VALENTINE'S!	15 HOMEMADE CHILI WITH FRESH TOPPINGS ~~~~ WHOLE GRAIN CHICKEN NUGGETS ~~~~ FRESH MADE WG CINNAMON ROLL	
	20 SWEET & SOUR CHICKEN OVER WHOLE GRAIN RICE ~~~~ WG PIZZA QUESADILLA ~~~~ CORN	21 WHOLE GRAIN PIZZA ~~~~ BBQ POPCORN CHICKEN WRAP ~~~~ CAESAR SALAD	22 MEATLOAF/POTATOES & BRONW GRAVY ~~~~ WG CHICKEN STRIPS ~~~~ GREEN BEANS ~~~~ WG DINNER ROLL	23 TACO PIZZA ~~~~ CHEESY BREAD STICK WITH MARINARA SAUCE ~~~~ ROASTED OREGON GROWN FRESH VEGETABLES
26 TERIYAKI CHICKEN OVER WHOLE GRAIN RICE ~~~~ HAM & CHEESE PANINI & SMALL BAG POTATO CHIPS ~~~~ BROCCOLI WITH CHEESE	27 TACO TUESDAY SOFT TACO ~~~~ CHICKEN CHIMICHANGA ~~~~ REFRIED BEAN LAYER DIP AND CHIPS	28 WHOLE GRAIN PIZZA ~~~~ BBQ SHREDDED PORK SANDWICH ~~~~ CAESAR SALAD		