

November

Monday	Tuesday	Wednesday	Thursday	Friday
DAILY Specials: <u>MONDAY:</u> CHEESEBURGER ON A WHOLE GRAIN BUN <u>TUESDAY:</u> HOAGIE SANDWICH <u>WEDNESDAY:</u> CHICKEN SANDWICH <u>THURSDAY:</u> WG BEAN & CHEESE BURRITO		1 WG CHICKEN NUGGETS AND MINI BUN ~~~ BBQ RIB HOAGIE ~~~ CAESAR SALAD	2 SUPER NACHOS ~~~~~ SWEET & SOUR CHICKEN OVER WHOLE GRAIN RICE ~~~~~ CORN	 <p>KEEP CALM AND DO NOT GO TO SCHOOL</p> <p><small>© 2013 Keep Calm Studio.com</small></p>
6 INDIVIDUAL WHOLE GRAIN PEPPERONI PIZZA ~~~ CHIKEN FAJITA WITH OPTIONAL PEPPERS ~~~ LAYER DIP AND CHIPS	7 BREAKFAST FOR LUNCH CHICKEN FRIED STEAK WITH POTATOES & COUNTRY GRAVY ~~~ FRENCH TOAST STICKS & SAUSAGE ~~~~~ FRESH MADE WG HONEY BUTTER DINNER ROLL ~~~~~ BLUEBERRIES WITH WHIPPED TOPPING	8 WHOLE GRAIN PIZZA ~~~ SUPER SLOPPY JOE ~~~ CAESAR SALAD	9 ITALIAN MEAT AND OLIVE CALZONE ~~~ CHICKEN FAJITA PHILLY SANDWICH ~~~ BROCCOLI WITH CHEESE	10  <p>Veteran's Day</p>
13 WG TOASTED CHEESE SANDWICH ~~~ WG CHICKEN STRIPS AND MINI BUN ~~~ TOMATO SOUP	14 HOMEMADE CHILI WITH FRESH TOPPINGS ~~~ WHOLE GRAIN CORN DOG ~~~ FRESH MADE WG CINNAMON ROLL	15 NO SCHOOL  <p>NO CLASSES</p>	16 TERIYAKI CHICKEN OVER WHOLE GRAIN RICE ~~~~~ HAM & CHEESE PANINI ~~~~~ COLESLAW	17 WHOLE GRAIN PIZZA ~~~ WG SOFT TACO ~~~ CAESAR SALAD
20 WG CHICKEN SANDWICH ~~~~~ WALKING TACO WITH WG TOSTITOS ~~~~~ BEAN LAYER DIP&CHIPS	21 HAPPY TURKEY DAY TURKEY GRAVY/MASHED POTATOES/GRAVY ~~~~~ ROASTED HONEY BBQ CHICKEN ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEAN ~~~~~ DESSERT	 <p>Happy Thanksgiving</p>		
27 WG TOASTED CHEESE SANDWICH ~~~ W G CHICKEN NUGGETS AND MINI BUN ~~~ TOMATO SOUP	28 SPAGHETTI WITH GROUND BEEF MARINARA AND PARMESAN CHEESE ~~~ WHOLE GRAIN CORN DOG ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ OVEN ROASTED VEGETABLES	29 WHOLE GRAIN PIZZA ~~~ BBQ RIB HOAGIE ~~~ CAESAR SALAD	30 CHEESEBURGER ~~~ WG SOFT TACO ~~~ FRUIT SALAD	DAILY CHOICES: SANDWICH ~~~~~ YOGURT/WHOLE GRAIN BAGEL/SUNFLOWER SEEDS ~~~~~ VARIETY OF FRUITS AND VEGETABLES ~~~~~ VARIETY OF MILK