

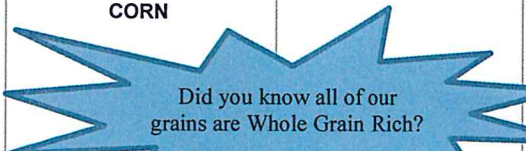




SEPTEMBER



Monday	Tuesday	Wednesday	Thursday	Friday
DAILY Specials: MONDAY: CHEESEBURGER ON A WHOLE GRAIN BUN TUESDAY: HOAGIE SANDWICH WEDNESDAY: CHICKEN SANDWICH THURSDAY: HOT DOG ON A WG BUN	5 CHICKEN FAJITA WITH OPTIONAL PEPPERS ~~~~~ CHICKEN FRIED STEAK SANDWICH ~~~~~ CORN ON THE COB	6  NEW WHOLE GRAIN PIZZA ~~~~~ GRILLED CHICKEN CAESAR SALAD/WHOLE GRAIN SUN CHIPS ~~~~~ CAESAR SALAD	7 BUILD YOUR OWN HARD SHELL CHICKEN TACOS ~~~~~ SUPER SLOPPY JOE ~~~~~ GREEN BEANS	8 HAPPY HARVEST FEST CHICKEN DRUMMETTES WITH BBQ SAUCE  HOT DOG ON A WG BUN ~~~~~ BAKED BEANS FRESH WATERMELON
11 HOMEMADE BEAN AND CHEESE ENCHILADA ~~~~~ INDIVIDUAL PIZZA ~~~~~ STRAWBERRIES	12 TURKEY GRAVY/MASHED POTATOES/GRAVY ~~~~~ WG CHICKEN STRIPS ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ GREEN BEANS	13 WHOLE GRAIN PIZZA ~~~~~ FIESTA TACO SALAD ~~~~~ CAESAR SALAD	14 SWEET & SOUR CHICKEN OVER WHOLE GRAIN RICE ~~~~~ TWO SLIDER SUB SANDWICHES ~~~~~ CORN	15
18 WG CORN DOG ~~~~~ BUILD YOUR OWN HARD SHELL CHICKEN TACOS ~~~~~ CANTALOPE	19 HOMEMADE CHILI WITH FRESH TOPPINGS ~~~~~ WHOLE GRAIN CORN DOG ~~~~~ FRESH MADE WG CINNAMON ROLL	20 WHOLE GRAIN PIZZA ~~~~~ WG SOFT TACO ~~~~~ CAESAR SALAD	21 CHICKEN FAJITA WITH OPTIONAL PEPPERS ~~~~~ HAM & CHEESE CALZONE ~~~~~ TATER TOTS	22
25 INDIVIDUAL PIZZA ~~~~~ WG BURRITO ~~~~~ STRAWBERRIES	26 CHICKEN FRIED STEAK WITH POTATOES & COUNTRY GRAVY ~~~~~ ROASTED BBQ CHICKEN ~~~~~ FRESH MADE WG DINNER ROLL ~~~~~ STEAMED BROCCOLI WITH CHEESE	27 WHOLE GRAIN PIZZA ~~~~~ FRESH CHEF SALAD/WHOLE GRAIN SUN CHIPS ~~~~~ CAESAR SALAD	28 MOZZA CHEESE AND BEEF CALZONE ~~~~~ TERIYAKI CHICKEN OVER WHOLE GRAIN RICE ~~~~~ CORN	29  Did you know all of our grains are Whole Grain Rich?

PLEASE REMEMBER TO RENEW YOUR APPLICATION FOR FREE AND REDUCED MEALS. A NEW APPLICATION NEEDS TO BE COMPLETED

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

DAILY CHOICES: YOGURT WITH SUNFLOWER SEEDS & BAGEL SUB SANDWICH OR PEANUT BUTTER AND JAM SANDWICH FRESH FRUIT AND VEGGIE BAR VARIETY OF MILK